
Aurélie Daems
Health as a result of humour and the use of right ‘measure'; it is a notion already prevalent within pre-Islamic Pahlavi inscriptions. When physical sickness strikes, it is a matter of finding a right balance again by keeping the body in good health and good soul. This is obtained in practice through the knife, through plants and through sacred words, with the last one being the most effective; not in the least because sickness appears primarily to be the result of supernatural forces. Albeit short, this article gives a very good account of how physicians dealt with sickness in pre-Islamic times. There is information on training, medicines and fees of the Iranian physicians as well as a short mention of those Greek physicians known to have cured some of the Achaemenid and Sasanian kings. We are informed that more detailed accounts on health, physicians, medicines and anatomy are to be found in chapter 15 of Denkard III and in the Wizidagiha of Zadspram.
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