AFEMOTI Séisme. Disaster stories for professionals

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RÉSUMÉS

After the 1999 earthquakes in Marmara region in Turkey, mental health professionals who were working in the disaster area were affected in varying extents along with a vast population. Some of this influence on this professional group was conveyed as research data regarding their work orientation but the personal experience behind these studies has not been uttered. In our narrative we do not go through any scientific data or argument but rather share the emotional burden and sometimes the chaos of working with trauma through our personal notes. The reader will find the common human vulnerabilities, psychological regressions, fear and conflict the narrators went through while a structured cognitive-behavioural group therapy was conducted for the earthquake survivors. This narrative points to the heartfelt fact that science or professional proceedings cannot be realized without the humane component of emotions.